

**A  
Book  
of  
Remembrance**



**Year 2024**

**Saturday  
Manna  
Texts**

## Malachi 3:16

“Then they that feared the LORD spake often one to another: and the LORD hearkened, and heard it, and a book of remembrance was written before him for them that feared the LORD, and that thought upon his name.” (For comments see R1441:2:3-4)

References on Testimony Meetings:

F319-323; R5384; R5122; R4886; QB 471-474

References on reading Matt. 5 and 1 Cor. 13:

R2205 last paragraph; R2234:2:2; R2240:1:2

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## The Purpose of This Publication

In the past similar booklets have been published. The purpose has been to assist the brethren in noting their experiences throughout the year along with a Manna text selected for weekly testimony meetings (as suggested by Brother Russell). Those booklets were effective and proved to be a wonderful blessing personally and we desired to continue the blessing.

We thank the Lord for our brethren and their labors of love in the computer reproduction of the Cross and Crown on the cover and the publications of Brother Russell. These resources make it very easy to produce this booklet.

By the Lord's Grace

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## A Vow Unto the Lord

Our Father which art in Heaven, hallowed be Thy name. May Thy rule come into my heart more and more, and Thy will be done in my mortal body. Relying on the assistance of Thy promised grace to help in every time of need, through Jesus Christ our Lord, I register this Vow.

Daily will I remember at the Throne of Heavenly Grace the general interests of the harvest work, and particularly the share which I myself am privileged to enjoy in that work, and the dear co-laborers everywhere.

I vow to still more carefully, if possible, scrutinize my thoughts and words and doings, to the intent that I may be the better enabled to serve Thee, and Thy dear flock.

I vow to Thee that I will be on the alert to resist everything akin to Spiritism and Occultism, and, remembering that there are but the two masters, I shall resist these snares in all reasonable ways as being of the adversary.

I further vow, that with the exceptions below, I will at all times and in all places, conduct myself toward those of the opposite sex in private exactly as I would do with them in public -- in the presence of a congregation of the Lord's people.

And, so far as reasonably possible, I will avoid being in the same room with any of the opposite sex alone, unless the door to the room stand wide open.

Exceptions in the case of Brethren -- wife, children, mother and natural sisters: in the case of Sisters -- husband, children, father and natural brothers.

## Matthew 5:1-16

And seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him: 2 And he opened his mouth, and taught them, saying, 3 Blessed are the poor in spirit: for theirs is the kingdom of heaven. 4 Blessed are they that mourn: for they shall be comforted. 5 Blessed are the meek: for they shall inherit the earth. 6 Blessed are they which do hunger and thirst after righteousness: for they shall be filled. 7 Blessed are the merciful: for they shall obtain mercy. 8 Blessed are the pure in heart: for they shall see God. 9 Blessed are the peacemakers: for they shall be called the children of God. 10 Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven. 11 Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake. 12 Rejoice, and be exceeding glad: for great is your reward in heaven: for so persecuted they the prophets which were before you. 13 Ye are the salt of the earth: but if the salt have lost his savour, wherewith shall it be salted? it is thenceforth good for nothing, but to be cast out, and to be trodden under foot of men. 14 Ye are the light of the world. A city that is set on an hill cannot be hid. 15 Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house. 16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

## 1 Corinthians 13 - Agape Love

Though I speak with the tongues of men and of angels, and have not love, I am become as sounding brass, or a tinkling cymbal. 2 And though I have the gift of prophecy, and understand all mysteries, and all knowledge; and though I have all faith, so that I could remove mountains, and have not love, I am nothing. 3 And though I bestow all my goods to feed the poor, and though I give my body to be burned, and have not love, it profiteth me nothing. 4 Love suffereth long, and is kind; love envieth not; love vaunteth not itself, is not puffed up, 5 Doth not behave itself unseemly, seeketh not her own, is not provoked, thinketh no evil; 6 Rejoiceth not in iniquity, but rejoiceth in the truth; 7 Beareth all things, believeth all things, hopeth all things, endureth all things. 8 Love never faileth: but whether there be prophecies, they shall fail; whether there be tongues, they shall cease; whether there be knowledge, it shall vanish away. 9 For we know in part, and we prophesy in part. 10 But when that which is perfect is come, then that which is in part shall be done away. 11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things. 12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known. 13 And now abideth faith, hope, love, these three; but the greatest of these is love.

## My Morning Resolve

My Earliest Thought I Desire Shall Be:

"What shall I render unto the Lord for all His benefits toward me? I will take the cup of salvation and call upon the name of the Lord [for grace to help]. I will pay my vows unto the Most High." -- Psalm 116:12-14

Remembering the Divine call, "Gather My saints together unto Me; those who have made a covenant with Me by sacrifice" (Psalm 50:5), I resolve that by the Lord's assisting grace I will today, as a saint of God, fulfil my vows, continuing the work of sacrificing the flesh and its interests, that I may attain to the Heavenly inheritance in joint-heirship with my Redeemer.

I will strive to be simple and sincere toward all.

I will seek not to please and honor self, but the Lord.

I will be careful to honor the Lord with my lips, that my words may be unctuous and blessed to all.

I will seek to be faithful to the Lord, the Truth, the brethren and all with whom I have to do, not only in great matters, but also in the little things of life.

Trusting myself to Divine care and the Providential overruling of all my interests for my highest welfare, I will seek not only to be pure in heart, but to repel all anxiety, all discontent, all discouragement.

I will neither murmur nor repine at what the Lord's providence may permit, because

**"Faith can firmly trust Him,  
Come what may."**

## December 28

*He shall drink of the brook in the way: therefore shall He lift up the head.* Psalm 110:7

WE want to ask the Lord, our Master and Head, that He will bless us more and more, as with fresh zeal we shall endeavor faithfully and rejoicingly to drink of the brook of life's experiences, and gain wisdom therefrom that will fit and prepare us for His service by and by; and which will the better fit and prepare us for His service also in the present time, and enable us by His grace to show forth His praises in all the trying circumstances and vicissitudes of life so as to glorify Him in our bodies and spirits which are His. Let us, as we drink of the brook, take a lesson from the little birds, which, when drinking, repeatedly lift the head as though giving thanks to God. Let us continually give thanks to our Lord for every taste of life's experience, for every lesson, for every trial—appropriating them all to our spiritual development. Z. '02-14 R2936:5

## January 6

*So teach us to number our days, that we may apply our hearts unto wisdom.* Psalm 90:12

THE Christian, in numbering his days, does not do so with a doleful or disconsolate sentiment, although he does so with sobriety. He counts the days as they go as so many blessings, so many privileges, so many opportunities to “show forth the praises of Him who called us out of darkness into His marvelous light,” to render assistance to others in the pilgrim journey, and to develop in himself more and more of the character pleasing in the sight of God,—to become more and more a copy of God's dear Son. Z.'01-333 R2896:6

## January 13

*My little children, these things write I unto you, that ye sin not. And if any man sin, we have an Advocate with the Father, Jesus Christ the righteous.* 1 John 2:1

IF we find that through lack of faith or weakness of the flesh a wrong step has been taken, contrary to the Lord's will and our best spiritual interests, no time should be lost in retracing the steps and in calling upon the Lord. We have an altar consecrated with the precious blood of Christ, far superior every way to that which Abraham consecrated with the blood of typical animals, and the apostle exhorts us, "Let us come boldly [courageously—full of faith] to the throne of grace, that we may obtain mercy and find grace to help in every time of need."—Hebrews 4:16 Z.'01-233 R2848:3

## December 21

*Who is worthy?* Revelation 5:2

LET us, dearly beloved, as we realize that thus far God has counted us worthy to look upon the scroll of His plan which has been unsealed for us by our blessed Lord Jesus, the Lion of the tribe of Judah, prove our worthiness to continue to look therein and to read the wondrous things of His law, by faithful obedience and loyalty to it in all things. Let us not undervalue our great privilege in being counted worthy to ... have some part in the blessed ministry of reflecting the light of divine Truth; let us prove ourselves jewels of rarest value, diamonds indeed, heartily receiving and beautifully transmitting to others the light of Truth, and faithfully enduring the severest pressure that God may permit to come upon us; for, if faithful in these small things we shall in due time be counted worthy also to reign with Christ in power and great glory. Z. '02-333 R3104:4

**December 14**

*Blessed are the merciful:  
for they shall obtain mercy. Matthew 5:7*

ALL do not know it, but it is a fact that the grandest quality that man can exercise, and the one which brings the largest amount of blessing itself, is the exercise of the Godlike quality of mercy, compassion, benevolence. The Lord lays great stress upon this quality of mercy, declaring that whatever else may be our attainments of knowledge or of grace, if we have not this one we can never be acceptable to Him—if we do not have mercy upon others neither will our Heavenly Father have mercy upon us. And to insure that we do not consider this mercy to be merely an outward form, an expression of forgiveness and benevolence, our Lord expounds the matter, saying, “If ye do not from the heart forgive one another, neither will your Heavenly Father forgive you.”...Only the merciful shall obtain mercy: and if we have not mercy at the hands of the Lord all is lost; for by nature we were children of wrath, even as others, and under just condemnation. Z. '01-332; '00-70 R2896:3; 2587:1

**January 20**

*If ye endure chastening, God dealeth with you as with sons; for what son is he whom the Father chasteneth not? Hebrews 12:7*

CHARACTER cannot be developed wholly without trial. It is like a plant: at first it is very tender; it needs an abundance of the sunshine of God’s love; frequent watering with the showers of His grace; much cultivating through the applied knowledge of His character as a good foundation for faith and inspiration to obedience; and then when thus developed under these favorable conditions, it is ready for the pruning hand of discipline, and is also able to endure some hardness. And, little by little, as strength of character is developed, the tests applied to it serve only to develop more strength, beauty and grace, until it is finally fixed, developed, established, perfected—through suffering. Z.’95-107 R1807:4

**January 27**

*Keep thy heart with all diligence; for out of it are the issues of life.* Proverbs 4:23

IT is not sufficient that we acknowledge sin in its various forms to be evil, and that we resolve that we will strive against it because it is under the Lord's ban. In addition to this we are to root out of our hearts every *longing*, every *desire* for everything not thoroughly approved by the Lord. Oh, what a cleansing this would mean in the hearts and lives, and especially in the thoughts, of many who have named the name of Christ! Many who fail to note this point find themselves continually beset by temptations, because, while outwardly avoiding gross immoralities, they secretly harbor sympathies for things condemned—*desiring* that they might have them, if only they were not forbidden. Z. '99-140 R2480:5

**December 7**

*When He was reviled, He reviled not again.*  
1 Peter 2:23

NOT because His enemies had found in Him something that could properly and justly be reviled and evil spoken of;—nor because His enemies were so nearly perfect that He could find nothing in them to revile and speak evil of; but because He was so full of submission to the divine will that He was enabled to take the scoffs and railings of the people, and to bear these humbly and patiently, and to remember that even hereunto He was called, did Jesus endure patiently and learn the lessons, and prove Himself faithful, and develop and demonstrate His true character, and feel and manifest His pity for the people, in their blindness and ignorance, and His love for them. Z. '01-298 R2879:4

## November 30

*Lo, I am with you alway, even unto the end of the age. Matthew 28:20*

SURELY He who was careful to supervise the sowing work is not less interested and careful in respect to the reaping. Let us then thrust in the sickle of Truth with energy and courage, remembering that we serve the Lord Christ, remembering that we are not responsible for the harvest but merely for our energy in gathering what ripe "wheat" we can find. If the labor be great for the finding of a few grains of ripe wheat we are to rejoice the more in those we do find, and learn to love and appreciate that which is scarce and precious. Let us remember, too, while using all the wisdom we can in this service, that the Lord's object in giving us a share in His work is not so much what we can accomplish as in the blessing that the labor will bring upon us. Z. '01-155 R2811:4

## February 3

*My son, attend to My words; incline thine ear unto My sayings. For they are life unto those that find them, and health to all their flesh. Proverbs 4:20,22*

FEW recognize the influence of the mind over the body. God has so organized our beings that pure, noble, holy thoughts in general have not only an elevating and ennobling effect upon the mental and moral constitution, but an invigorating influence upon the physical system. And, on the contrary, every unclean, ignoble, unchaste, unholy thought (as well as act) has a direct effect not only toward debasement of mind and morals, but toward the germination of seeds of disease already in the constitution of the fallen race. Z.'96-180 R2014:6

## February 10

*Be thou an example of the believers, in word, in conversation, in charity, in spirit, in faith, in purity.* 1 Timothy 4:12

EVERY Christian should strive to be a pattern worthy of imitation—a pattern of earnest, faithful endeavor to copy Christ in his daily life, and of active zeal in His service. Patterns of perfection, of the ultimate moral glory and beauty of holiness, we cannot expect to be in the present life. Such a pattern we have only in Christ our Lord. In no such sense did Paul ever say, Follow me, or Follow us; but he did say, “Be ye followers of me, even as I also am of Christ.” (1 Corinthians 11:1) The apostle was a grand example of earnest endeavor to attain perfection, but not of the ultimate perfection which was in Christ only; and it is his zeal and intense earnestness in striving to copy Christ and to accomplish His will that we should imitate. Z.’95-251 R1886:1

## November 23

*Ye have need of patience, [cheerful endurance, constancy] that, after ye have done the will of God, ye might receive the promise.* Hebrews 10:36

HERE we see that it is not merely to do the will of God that is the test, but that after having attained to that point, that mark of character in our hearts, in our wills (if only partially in the flesh) we should, by patient endurance, establish God’s righteous will as the law of our hearts, the rule of life under all circumstances and conditions. Then, and not until then, will we be in the heart condition of fitness for the Kingdom. The Apostle James says, “The trying of your faith worketh patience [patient endurance”]; that is to say, if our faith stand the trial it will work this character of patient endurance. Of course, on the other hand, if we do not attain to patient endurance, it will mean that our faith has not stood the test satisfactorily, that we are not fit for the Kingdom. Z. ‘01–117 R2792:1

## November 16

*She hath done what she could.* Mark 14:8

IT is not our privilege to come into personal contact with our dear Redeemer, but it is our privilege to anoint the Lord's "brethren" with the sweet perfume of love, sympathy, joy and peace, and the more costly this may be as respects our self-denials, the more precious it will be in the estimation of our Elder Brother, who declared that in proportion as we do or do not unto His brethren, we do or do not unto Him. ....Our alabaster boxes are our hearts, which should be full of the richest and sweetest perfumes of good wishes, kindness and love toward all, but especially toward the Christ—toward the Head, our Lord Jesus, and toward all the members of His body, the church; and especially on our part toward the feet members who are now with us, and on whom we now have the privilege of pouring out the sweet odors of love and devotion in the name of the Lord, because we are His. Z. '99-78; Z. '00-378 R2448:5; 2744:3

## February 17

*Take My yoke upon you,...for My yoke is easy, and My burden is light.* Matthew 11:29,30

THOSE who wear this yoke have the assurances of the divine Word that all things are working together for good to them; that the heavier the burden that may be attached, the greater will be the blessing and the reward by and by; the more severe the experiences during the present time, the brighter shall be the glory, and the brighter shall be their character, and the more sure shall they be of being fitted and polished for the heavenly Kingdom. From this standpoint every burden is light, because our yoke is appreciated, and is so easy, so reasonable: and additionally it is so light because the Lord is with us in this yoke. Z.'00-137 R2625:5

## February 24

*For what the law could not do, in that it was weak through the flesh, God, sending His own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh: that the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit. Romans 8:3,4*

WHAT comfort and consolation are in these assurances! These are wonderful words of life, indeed! They inspire us with hope. If God will accept perfect heart-intentions, as instead of the absolute perfection of the flesh—then indeed we have hope of attaining to the standard which He has marked for us—the standard of perfection....We can walk after the Spirit, though, so far as our mortal bodies are concerned, we cannot walk up to the Spirit's requirements. Our minds can walk up to the Spirit, our intentions can be perfect; and this is what our Heavenly Father seeks in us, perfection of intention. Z.'02-248 R3060:1

## November 9

*The flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would. Galatians 5:17*

HERE is the great and continual battle, for although the new will asserts itself and puts the body under and compels its subjection to the new mind, nevertheless the mortal body, not being actually dead, is continually coming in contact with the world and the adversary and is continually being stimulated by these and reinvigorated with earthly cares, ambitions, methods, strivings, conflicts and insubordination to our new will. No saint is without experiences of this kind—fightings without and within. It must be a fight to the finish or the great prize for which we fight will not be gained. For although the New Creature masters the mortal body by the Lord's grace and strength repeatedly, nevertheless until death there can be no cessation of the conflict. Z. '03-424 R3275:2

## November 2

*It is the Lord: let Him do what seemeth Him good.* 1 Samuel 3:18

WE know not what is for our highest welfare. Sometimes those things which we crave and desire to grasp, considering them to be good, might really be to our disadvantage. Blessed are they who are able by faith to pierce the gloom of every trial and difficulty and perplexity, and to realize that “The Lord knoweth them that are His,” and that He is causing all things to work together for their good. Z. ‘01–148 R2806:4 We are to wait patiently for the Lord, and to take patiently such experiences as His providences may mark out for us, questioning not the wisdom, the love and the power of Him with whom we have to do. Z. ‘01–317 R2888:2

## March 2

*Whatsoever things are true, whatsoever things are honest,...think on these things.* Philippians 4:8

WHOEVER sympathizes with falsehood or exaggeration is more or less defiling himself. Whoever cleanses his thoughts, and avoids exaggeration, etc., is in that degree purifying his mind and his entire character. Nor is it sufficient that we are sure of the truth of matters. We are to test them further, and discern to what extent they are honorable, noble; for, although the Lord has covered the ignoble features of our characters, and proposes to cover them to the end with His own merit, nevertheless we cannot be in sympathy with our fallen condition, but on the contrary must desire true nobility and the highest standards of honor in our hearts, in our thoughts, in all our dealings with our God and with our fellows. Z.’03-9 R3129:2

**March 9**

*God is not unrighteous to forget your work and labor of love, which ye have shewed toward His name, in that ye have ministered to the saints, and do minister. Hebrews 6:10*

NO child of the Lord should be content to let the days of the present harvest time go by with their golden opportunities for service and co-operation without seeking each day to lift the royal banner himself, and to publicly show forth the praises of Him who hath called him out of darkness into light, or without assisting and co-operating with others whom the Lord in His providence has placed in more advantageous positions for public service. Z.'03-59 R3152:3

**October 26**

*Casting all your care upon Him; for He careth for you. 1 Peter 5:7*

THIS is a very consoling and encouraging suggestion from the Word. However, the Lord's people are to learn more and more distinctly, as their years of membership in God's family and tutelage in the school of Christ go on, that they are not to ask the Lord to guide their efforts according to their wisdom; that they are not to request that their wills shall be done either on earth or in heaven, but rather, telling the Lord their burdens, great and small, they are to realize and appropriate to themselves His sympathy and love, and to apply to their own hearts as a balm the consoling assurances of His Word, that He is both able and willing to make all of their experiences profitable to them if they abide in Him with confidence and trust. Z. '04-237 R3409:1

**October 19**

*Freely ye have received, freely give.*  
Matthew 10:8

LET us be on the alert to give to all who are hungering and thirsting the blessed food which has so greatly refreshed and strengthened us. If they do not get it they will faint by the way as they go looking for other provisions. We have the very thing which all of the household of faith need; without it they cannot maintain their standing, they cannot press on, they shall surely become discouraged.... Whatever we may have of financial means for sending forth the bread of life to others, or whatever we may have of knowledge of the Truth, is neither to be selfishly hoarded nor selfishly partaken of by ourselves. It is to be consecrated to the Lord, and out of that consecration the Lord will bring blessing to others and increased blessings upon our own heads and hearts. Z.1904–78 R3333:6

**March 16**

*We know that we have passed from death unto life because we love the brethren,...and we ought to lay down our lives for the brethren.* 1 John 3:14,16

ONE of the final and most searching tests of these “brethren,” and the one under which probably the most of those once awakened and armed will fall, will be—love for the brethren. Seemingly many will fail at this point and be therefore accounted unworthy of an abundant entrance into the Kingdom on this score.

Should any be specially weak and liable to stumble, the true soldier of the cross will not despise him, nor revile him, even as the elder brother, the Captain, would not do so. On the contrary, he will be the more watchful and helpful toward the weaker even though he most enjoy himself in the company of the stronger. Z.’99-88 R2453:4,5

**March 23**

*Ye endured a great fight of afflictions; partly, whilst ye were made a gazing stock, both by reproaches and afflictions, and partly whilst ye became the companions of them that were so used.* Hebrews 10:32,33

THE strongest of the brethren need the help, the encouragement, the assistance of others. The Lord has so arranged it that we may not feel ourselves entirely self-sufficient, and that even our proper leaning upon the Lord shall seem to require also the cooperation, encouragement, sympathy and love of the fellow-laborers in the vineyard. Who that has borne any measure of the labor and heat of the day in the gospel service cannot sympathize with this thought? Here, then, is a way in which many of the Lord's dear people, who have not themselves the largest amount of talent or opportunity for service, may be co-laborers and assistants in the Gospel work. Z.'03-40 R3144:1

**October 12**

*Consider the lilies of the field, how they grow.*  
Matthew 6:28

OUR Lord calls attention to how such simple things in nature should be studied, be considered. The lessons to be learned in connection with all the affairs of life will be helpful to such as approach the study from the right standpoint, of faith in the Creator, and a realization that He is necessarily the embodiment and representative of the very highest and very noblest qualities of which the human mind could conceive;—that He is perfect in Justice, perfect in Wisdom, perfect in Power, perfect in Love....The heart that thus considers makes progress, grows in grace, in knowledge, in love. The heart that fails to consider the little things fails to be able to appreciate the larger things, and thus is hindered from a proper consideration of God and from a proper appreciation of His plan, and thus from a proper appreciation of His character. Z.'04-37,38 R3313:2

## October 5

*Consider Him who endured such contradiction of sinners against Himself, lest ye be wearied and faint in your minds.* Hebrews 12:3

ALAS, how many of God's true children become weary and faint in their minds, and are in danger of losing the chief prize because they have failed to think upon, to study out, to comprehend, to consider the Lord and what He faithfully endured of opposition. As they would consider His perfection and how, as represented in Him, the light shined in darkness and was not appreciated, so they would expect that the light shining from them would not be appreciated either. As they would consider how the Lord suffered in every sense unjustly and for righteousness' sake, and then would reflect that their own conduct, even though well meant, is imperfect, it would strengthen them to endure hardness as good soldiers, and not to be weary in well doing, and not to faint under opposition. Z.'04-38 R3313:5

## March 30

*Seeing then that all these things shall be dissolved, what manner of persons ought ye to be in all holy conversation and godliness.* 2 Peter 3:11

GOD-LIKENESS certainly cannot include any harmful gossip, any unclean or unholy conversation, any disloyal or rebellious words. Let such things be put far away from all who name the name of Christ in sincerity and truth. And let us remember daily to settle our accounts with the Lord, to make sure that no record of idle words, unrepented of, and consequently unforgiven, stands against us....If daily we render up our accounts to God and seek His grace for greater overcoming power with each succeeding day, we shall be acquitted in judgment and stand approved before God through Christ, having the testimony of His Holy Spirit with our spirits that we are pleasing and acceptable to Him. Z.'96-33 R1938:5

**April 6**

*If any man suffer as a Christian, let him not be ashamed; but let him glorify God on this behalf.* 1 Peter 4:16

SICKNESS and discomfort of any sort, incurred by our energy in the service of the Truth, are permitted by our Father as evidences of our fidelity and love; because if not liable to such tribulations, or if relieved of them instantly by a miracle, the Lord's service would cost us no sacrifice and the test of our willingness to endure for the Truth's sake would be wanting. As it is, however, every ache or pain or wound of person or of feelings, and beheading socially or literally *for the Truth's sake*, becomes a witness of the spirit, testifying to our faithfulness. And in all such tribulations we should rejoice greatly—as say our Lord and the Apostle Peter. Z.'96-166 R2007:5

**September 28**

*Your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: whom resist steadfast in the faith.* 1 Peter 5:8,9

THIS thought of Satan's opposition to us, and that we are contending not merely with flesh and blood but with principalities and powers and wicked spirits in high positions of power, would be appalling to us did we not on the other hand realize that by positiveness of decision we acquire great helps and assistances by other unseen powers. From the moment of our positive resistance of temptation and positive standing up for the Lord and His cause, we become stronger in the Lord and in the power of His might, and greater is He that is for us than all that be against us. Z.'04-11; R3300:4 Hesitancy after the wrong is seen increases the power of the temptation. Z.'00-32; R2568:5

**September 21**

*Yea, though I walk through the valley of the shadow of death, I will fear no evil. Psalm 23:4*

THE sheep of the little flock fear no evil because of the Lord's favor, because He is with them, on their side, and has shown His favor in the redemption price already paid. He is with them, too, in His word of promise—His assurance that death shall not mean extinction of life, but merely until the resurrection, an undisturbed sleep in Jesus. What wonder that these can walk through the valley of the shadow of death singing and making melody in their hearts to the Lord, calling upon their souls with all that is within them to praise and laud and magnify His great and holy name, who loved us and bought us with His precious blood, and has called us to joint-heirship with our dear Redeemer. Z.'03-413 R3269:6

**April 13**

*Except ye eat of the flesh of the Son of man, and drink His blood, ye have no life in you. John 6:53*

GLADLY, dear Lord, we eat (appropriate to our necessities) the merit of Thy pure nature sacrificed for us—for our justification. Gladly, too, we will partake of the cup of suffering with Thee, realizing it to be a blessed privilege to suffer with Thee, that in due time we may also reign with Thee;—to be dead with Thee, that in the everlasting future we may live with Thee, and be like Thee and share Thy love and Thy glory as Thy Bride. Oh! that we may be faithful, not only in the performance of the symbol, but also of the reality. Blessed Lord, we hear Thy Word saying, “Ye shall indeed drink of My cup and be baptized with My baptism.” Lord, we are not of ourselves able thus to sacrifice; but Thy grace is sufficient for us, for we are wholly Thine, now and forever. Z.'99-51 R2436:5

**April 20**

*He that is faithful in that which is least is faithful also in much.* Luke 16:10

THIS does not mean that the Lord's people are to be content with the usual routine of daily life in the home or in the shop, and are to say to themselves, "God accepts my labor as though it were given directly to Him in some other more desirable form," but it does mean that each person so situated should day by day carefully scan his earthly duties and obligations to see in what manner he could justly and properly cut off moments, hours or days from the service of earthly things and earthly interests, that now might be given to sacrifice for spiritual things and spiritual interests of himself or others. The consecrated heart, the sacrificing priest, is the one who will improve the moments as they swiftly fly, using them as far as possible in the Father's business. Z.'03-407 R3266:2

**September 14**

*Having your conversation honest among the Gentiles: that, whereas they speak against you as evildoers, they may by your good works, which they shall behold, glorify God in the day of visitation. For this is thankworthy, if a man for conscience toward God endure grief, suffering wrongfully.*  
1 Peter 2:12,19

WE may be evil reported of and slandered, but all who know us, who have dealings with us, should find from experience our loyalty to principle, our endeavor that the words of our mouths as well as the meditations of our hearts and the conduct of life should be pleasing to the Lord and an honor to His name and cause, that God may be glorified through Christ, to whom belongs the glory and the Kingdom forever. Z.'03-365 R3248:1

**September 7**

*If any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new. 2 Cor. 5:17*

THESE New Creatures in Christ Jesus know each other not according to the flesh but according to the Spirit. In each other's spirits or new minds there are the noblest sentiments, the highest aspirations, that which is good, true, noble, pure—whatever may be their weaknesses according to the flesh. They love each other from the new standpoint of intention, will, harmony with God, and their friendship for one another grows increasingly as they perceive each other's energy in fighting the good fight of faith against the evil influences of the world, the flesh and the adversary. Nor tongue nor pen can properly express the love, the friendship, which subsists between these New Creatures in Christ Jesus, to whom old things have passed away, and all things have become new. Z.'03-333 R3233:4

**April 27**

*Let this mind be in you, which was also in Christ Jesus. Philippians 2:5*

TO have the mind of Christ is indeed the one requirement of lawful striving—a mind which humbly and faithfully submits itself to the will of God as expressed in His great plan of the ages, and which devotes all energy to the accomplishment of His will, because of an intelligent appreciation of the ends He has in view.

If so filled with the same mind that was in Christ Jesus, we, like Him, will desire to be as free as possible from entangling earthly affairs, and to have our time as free as possible for the Lord's service, and then to devote all energy, ability and effort to that service. Z.'02-265 R3070:5

**May 4**

*The Lord seeth not as man seeth; for man looketh on the outward appearance, but the Lord looketh on the heart. 1 Samuel 16:7*

IF we lose sight of the fact that God regards us from the standpoint of the will, if we get to thinking of ourselves and God's estimate of us according to the flesh, we are sure to get proportionately into darkness and confusion and discouragement. But let us not forget on the other hand, that the spirit, or will, is counted alive because of its righteousness, because it is in harmony with God. Let us, therefore, never be slack in respect to the will, or intention governing the conduct of our lives, but remember that any laxity will mean the proportionate loss of spiritual life. To will right is always possible to us, and nothing less than an absolutely loyal will could be acceptable to God in Christ. Z.'03-171 R3203:2

**August 31**

*If it be so, our God whom we serve is able to deliver us from the fiery furnace, and He will deliver us out of thy hand, O king; but if not, be it known unto thee, O king, that we will not serve thy gods, nor worship the golden image which thou hast set up. Daniel 3:17,18*

THE answer of the Hebrews to Nebuchadnezzar,—“Our God whom we serve,” is worthy of note. They not only acknowledged God and worshiped Him but they additionally served Him, according as they had opportunity....Let us resolve, dear brethren, as did the three Hebrews, that we will worship and serve only the Lord our God—that we will neither worship nor serve sectarianism, in any of its many forms, nor mammon, with its enticements and rewards, nor fame, nor friends, nor self. God “seeketh such to worship Him as worship Him in spirit and in truth,” is the declaration of our Lord and Head. Z.'99-172 R2494

## August 24

*Holy Father, keep through Thine own name those whom Thou hast given Me, that they may be one, as We are.*  
John 17:11

AS we come to consider this beautiful expression of the Lord's sentiments with reference to the church, we catch a glimpse of the glory of the blessed oneness of the divine family. It is a oneness of purpose, a oneness of confidence, a oneness of sympathy, a oneness of love, a oneness of honor, and a oneness of mutual possession. This oneness our Lord described as already existing between Himself and the Father, but so far as His disciples are concerned it was and still is prospective; and its full accomplishment is the ideal goal toward which we are taught to aspire. Z. '03 -77 R3160:3

## May 11

For Thy sake we are killed all the day long; we are counted as sheep for the slaughter. Psalm 44:22

WE are to remember that we have each but one sacrifice; that it is to be rendered to the Lord day by day in the improvement of every opportunity as it comes to us, to serve Him and His. We are to remember that while it consists of many little sacrifices, some of them too small to mention or even to consider, nevertheless it will require all of these to complete the one sacrifice which we made at the beginning of our induction into His family. When we gave our wills, we gave our all; and any holding back in any of the little affairs of life --any refusal to sacrifice that which we think would please the Lord--is a keeping back of that much of what we have devoted to Him. Z.'03-408 R3266:6

**May 18**

*We which have believed do enter into rest.*

Hebrews 4:3

OUR rest in the Lord is as complete as is our belief in Him. He who believes fully *rests* fully; he who believes only partially *rests* but partially. The ideal condition of the spiritual Israelite is the attainment of a perfect rest, a perfect Sabbath-keeping, in his present experience, and a waiting and laboring for another and still more complete rest—the actual rest of the perfected condition—the rest that remains for the people of God. “Let us therefore labor to enter into that rest [Sabbath], lest any man fall after the same example of unbelief” [of fleshly Israel].—Hebrews 4:9-11. Z.’99-253 R2534:5

**August 17**

*Quench not the Spirit.* 1 Thessalonians 5:19

THE Spirit of the Lord amongst His people is compared to “a flame of sacred love” for the Lord and all connected with His cause: this flame is enkindled through the divine message in each one individually, when begotten of the Holy Spirit, and appertains, therefore, to the church collectively, under the guidance of that Spirit. In proportion as the church grows in knowledge and in love and in fellowship with the Lord this “flame of sacred love” will make it a light in the world,—a city set on a hill, which cannot be hid. Z. ‘03–25 R3137:2

**August 10**

*If there be any consolation [comfort] in Christ, if any comfort of love, if any fellowship of spirit, if any bowels and mercies, fulfil ye my joy, that ye be likeminded, having the same love, being of one accord, of one mind. Philippians 2:1, 2*

WHAT exhortations these are to unity, peace, brotherly kindness! How they suggest to us patience, forbearance, gentleness, helpfulness and *comfort* one toward another in the church; that thus the spirit of the Lord may abound in all, that each may make the greatest possible progress in the right way. Dear brethren and sisters, let us more and more be worthy of the name Barnabas—Comforter of the brethren. Let us have the holy Spirit abounding in us more and more, for this is the Lord's good pleasure; that with it dwelling in us richly we may be all sons and daughters of comfort in Zion, representatives of our Father, and channels of the holy Spirit, as well as of the truth. Z. '04–296 R3436:6

**May 25**

*Be not overcome of evil. Romans 12:21*

WE are never to take up or to use evil words or methods or manners. To do so is temporarily to join the enemy, or to admit that his implements and methods are better than those of the Captain to whom we belong. To answer anger with anger, evil report with evil report, bitter words with bitter words, slander with slander, persecution with persecution, blow with blow, or any of these, would be to endeavor to overcome evil with evil. This, which is natural to our fallen natures, is what we are commanded to avoid, that we may the more thoroughly cultivate the new nature. To be misled by the adversary to use his methods in any of these ways is to be overcome of evil. Z. '97-267 R2215:1

## June 1

*He that hath My commandments, and keepeth them, he it is that loveth Me: and he that loveth Me shall be loved of My Father, and I will love him, and will manifest Myself to him.* John 14:21

MAY this intimate communion and fellowship with Christ impart to us each more and more of His own Spirit, so that the world may take knowledge of us, that we have “been with Jesus;” and let the prayer of each be,

“Lord Jesus, make Thyself to me  
A living, bright reality!  
More real to faith’s vision keen,  
Than any earthly object seen;  
More dear, more intimately nigh,  
Than e’en the sweetest earthly tie.”  
Z.’95-75 R1789:5

## August 3

*Separate yourselves from the people of the land.* Ezra 10:11

SOME ONE has well said:—“The Christian in the world is like a ship in the ocean. The ship is safe in the ocean so long as the ocean is not in the ship.” One of the great difficulties with Christianity to-day is that it has admitted the strangers, the “people of the land,” and recognized them as Christians. It does injury, not only to the Christians, by lowering their standards (for the *average* will be considered the standard), but it also injures the “strangers,” by causing many of them to believe themselves thoroughly safe and needing no conversion, because they are outwardly respectable, and perhaps frequently attendants at public worship.  
Z.’99–203 R2512:4

**July 27**

*We shall not find any occasion against this Daniel, except we find it against him concerning the law of his God. Daniel 6:5*

ALL are not leading spirits, as was Daniel, nor are all given to visions and revelations and interpretations, as was he; but all will have the same spirit of devotion to principles of righteousness, which devotion will be tested under divine providence, step by step, through the narrow way, as they seek to walk in the footsteps of Him who set us an example—our Daniel, our Leader, our Lord Jesus. Let all, then, who have named the name of Christ depart from iniquity; let all such be faithful: “Dare to be a Daniel.” Z.’99-167 R2494:4

**June 8**

*He which converteth the sinner from the error of his way shall save a soul from death, and shall hide a multitude of sins. James 5:20*

WHEN we see others walking in forbidden paths, in the way of transgressors, we are not to follow them there in order to help them out; but to show them the right path by keeping in it and calling to them. When we see some confusing themselves with doctrines and teachings of men, which we know are *fundamentally* wrong, we are not to wade through those doctrines in order to help them out; but we are to remind them that the study of any doctrine which will not square with the *foundation* is not only a misuse of consecrated time, but that all trifling with that which we know to be error is wrong and dangerous, as all violations of conscience and principle are dangerous. Z.’95-203 R1860:3

**June 15**

*And I will make an everlasting covenant with you, even the sure mercies of David. Isaiah 55:3*

ALL who hunger and thirst after righteousness, whose souls thirst after God as the hart for the water-brook, and who, having found Him, have consecrated themselves to Him and received the anointing of the Holy Spirit, witnessing with their spirits that they are the sons of God, and who as anointed sons can discover in themselves the worthy traits of true sons,—loyalty, faithfulness, zeal, energy, courage, discretion, etc.,—these constitute the class with whom the Lord has made an everlasting covenant and to whom belong “the sure mercies of David.” Z.’96-29 R1936:3

**July 20**

*I am the true vine, and My Father is the Husbandman... every branch that beareth fruit, He purgeth it, that it may bring forth more fruit. John 15:1,2*

AS even the best branches in the vine, which give evidence of fruit-bearing, require pruning, so even the most honest and earnest of the Lord’s people require the Lord’s discipline and providential care—otherwise they might soon run to wood making also, and fail to bring forth much fruit.... The true child of God whose will has been entirely immersed into the will of the Lord is neither offended nor discouraged by these prunings. He has learned something at least of his own unwisdom, and has confidence in the wisdom of the great Husbandman. Hence when divine providence estops his efforts in some directions he takes the thwarting of his plans joyfully, assured that the Lord’s will and the Lord’s way are the best, and intended to work out a blessing. Z.’99-109 R2465:3

**July 13**

*Satan himself is transformed into an angel of light. Therefore it is no great thing if his ministers also be transformed as the ministers of righteousness. 2 Corinthians 11:14,15*

IF it be asked, How could Satan be interested in doing a good work? we answer, the adversary thus assumes the garment of an angel of light and mercy, not to lead to the Light of the World—not to lead to the cross of Christ—not to lead to the Bible—but to lead away from these, to another hope of salvation, and to another teacher, to deceive, if it were possible, the very elect. And be it remembered that our Lord's words indicate that when matters come to this condition, where Satan will cast out Satan and heal disease, it is a marked evidence that his throne is tottering to its fall—that, so to speak, this is the last extremity of the adversary's efforts to deceive. Z.'99-62 R2669:6

**June 22**

*It is required in stewards, that a man be found faithful....Every man according to his several ability.  
1 Corinthians 4:2; Matthew 25:15*

THE “pound,” being the same to all, fitly represents that blessing of divine grace which is common to all God's people—Justification. Other endowments differ in quantity, according to our natural opportunities, and are generally of the Father,—for instance, the Word and the Spirit. Our justification while planned by the Father is a gift from Jesus, because He paid for it with His own precious blood. The one “pound” each places all on a common footing as acceptable servants and permits each to show his zeal by his sacrificings. But the “talents,” being distributed according to every man's ability, represent opportunities for the service of God along the lines of such abilities as we possess. They may be talents of education, or money, or influence, or good health, or time, or tact, or genius, with opportunities for their use in God's service. Z.'96-99 Z.'07-63 R1972:6 R3948:6

**June 29**

*Blessed are the pure in heart: for they shall see God. Matthew 5:8*

THE thought of “pure in heart” is not perfection of conduct, nor of word, nor of thought, but perfection of intention as respects all of these. Our desire and effort must be for perfection—in thought, word and deed. The standard before us, to which our hearts, wills, must give assent, is the divine standard, “Be ye perfect, as your Father in heaven is perfect.” (Matthew 5:48) God has set no lower standard than this absolute perfection, but He has provided for us grace, mercy and peace through Christ, if we will walk in His footsteps,—this purity of heart being one of the essential steps in the narrow way. Z.’00-71 R2587:5

**July 6**

*What man is he that feareth the Lord? him shall He teach in the way that he shall choose. Psalm 25:12*

IT is not for us to supervise the trials and difficulties which may beset us. It is for us to make an unreserved consecration of ourselves to the Lord and then leave to Him the decision of how great shall be our trials and besetments—how great our sacrifices in following His leadings. The Lord may see that some need special trials more than others, and those things which to some would be great trials and imply great sacrifices, to others, because of greater love for the Lord and His cause, and greater zeal for service, the sacrifice might be, as the apostle expresses it of his own, “light afflictions, which are but for a moment, and which are working out a far more exceeding and eternal weight of glory.” Z.’99-13 R2416:5